



HOWARD OF EFFINGHAM SCHOOL

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MTM/BAR/EduVisits/Y7/WiseUp

30 September 2026

Dear Parents and Carers

I am writing to provide you with some information regarding our Year 7 Team Building Day, which will take place on Monday 5 October.

The purpose of the day is to help students build new friendships, develop their teamwork skills and learn how to work together to overcome challenges. Students will work within their tutor groups and be placed into three smaller teams, giving them the opportunity to collaborate with a range of their peers.

We are delighted to be working with WiseUp, who will be leading the day. They will set up and facilitate a variety of activities designed to test, challenge and encourage students to think creatively, problem solve and persevere when faced with obstacles. Each group will be supported by a Year 12 student, as well as their tutor, who will oversee and support the group throughout the day.

The event will take place entirely on the school site and will be based on the school field. As a result, students should attend school in their own clothes, ensuring that they are comfortable and suitable for physical activity. Please note that clothing may get muddy or wet, so students should wear items that they do not mind getting dirty. As we will be outside throughout the day, come rain or shine, students should also be prepared for all weather conditions. Sensible footwear, such as trainers or walking shoes, is essential.

As the day will run on a different timetable from the rest of the school, we kindly ask that all students bring a packed lunch, which they will be able to enjoy on the field during their lunch break. Students should also bring a refillable water bottle.

Students will be informed of their groups later this week. On the day itself, they should arrive at the Lower School Playground by 8:45am where they will register with their tutor. We will then walk to the field ready for activities to begin at 9:00am.

We are very much looking forward to seeing all of our Year 7 students working together, stepping outside their comfort zones and strengthening the friendships they have already begun to form during their first few weeks at school.

If you have any questions regarding the day, please do not hesitate to get in contact.

Yours sincerely,

Mr B Mortimer
Year 7 Leader